



MINGA HOUSE

Minga House Foundation
Non-Profit Organization – Founded in 2014
NIT: 900867100-4
www.MingaHouse.org

What is MINGA?

“Minga entails a collaborative work system that dates back to the Incas. It refers to the commitment, contract or work agreement between two or more people. The word minga also stands for meeting or reunion.”

VOLUNTEER & INTERNSHIP OPPORTUNITY

Physical Therapy & Massage- Assistant

Learning Objectives:

Physical therapy and massage internships give students the opportunity to learn about the science of kinesiology in a real healthcare setting. Whether or not you are working towards a major in sports medicine or physical therapy, an internship in physical therapy can be a great experience. There are several skills you can expect to develop during your physical therapy internship in Colombia.

Skill	Description
Active Learning	Show initiative in learning career skills by observing treatments, shadowing PTs, asking questions about purpose and outcome treatments. Also learn the “FLOW” of an outpatient PT clinic and work to maintain that flow.
Patient Communications	Become comfortable interacting with patients by greeting them, conducting warm ups, and assist with instruction and education. Colombian patients are very warm and usually always love interacting openly with interns giving the interns constant opportunity to not only practice their Spanish, but to also quickly become culturally aware and comfortable.
Equipment Operation	Proper use of equipment and help to maintain and clean equipment. Under supervision of mentor, intern will supervise patients while using the machinery.
Office Skills	<ul style="list-style-type: none"> – Pulling charts for upcoming patients. – Assisting in preparing Home Exercise Programs for patients. – Scheduling patient appointments. – Making and organizing patient files. – Filing insurance and patient paperwork.
Research & Application	Identify exercise programs for patients.
Vocabulary	Become familiar with the vocabulary used in the clinical setting.

Participant Requirements:

Educational Background:

Undergraduate & Professionals in any of the following fields: Physical therapy, nursing, pre-med, medicine, kinesiology, public health, nutrition, physiology, special education, and/or massage therapy.

Spanish Language Skills:

(None) 1 2 3 4 5 6 7 8 9 10 (Fluent)

Potential projects and day-to-day duties:

- Shadow & assist physical therapist as directed; both in clinic and home visits
- Tasked to compare/contrast Colombian practices vs. U.S. practices then make presentation
- Support in the review of current internal operations processes & procedures for improvement
- Welcome patients to treatment and schedule patients' new appointments
- Explain & supervise daily exercise & therapy procedures to patients
- Apply hot-cold treatments
- Create informational materials for patients and public

Service Term:

- **Plan Prep Time:** 30 days prior to arrival date
- **Service Term:** 14 days min required – 32 hrs/wk required
- **Work Schedule:** 4-8 hrs./day - Mon-Fri (TBD am - TBD pm)
- **Service Window:** January to December

Special Skills Desired:

- Enjoys helping and interacting with new people
- Knowledge and interest in physiology, health, and physical therapy
- Experience working in a clinical setting
- Responsible & mature
- Strong work ethics

